



February Virtual Book Club Recommendations

Theme: Food

February 1, 2022 @ 11 a.m. via Zoom

More info and how to register, visit pvld.com/virtualbookclub

Fiction

At the Wolf's Table by Rosella Postorino ([Book](#), [Hoopla eBook](#))

Delicious! by Ruth Reichl ([Book](#), [AudioBook](#))

Heartburn by Nora Ephron ([Book](#))

Hot Dog Taste Test by Lisa Hanawalt ([Book](#))

Kitchens of the Great Midwest by J. Ryan Stradal ([Book](#), [Audiobook](#))

Milk Fed by Melissa Broder ([Book](#))

Quentins by Maeve Binchy ([Book](#))

Recipe for Persuasion by Sonali Dev ([Book](#), [Hoopla eBook](#), [Hoopla eAudiobook](#))

Sweetbitter by Stephanie Danler ([Book](#), [AudioBook](#), [eBook](#))

The Baker's Secret by Stephen P. Kiernan ([Book](#), [Hoopla eBook](#), [Hoopla eAudiobook](#))

The Hundred-Foot Journey by Richard C. Morais ([Book](#))

The Lager Queen of Minnesota by J. Ryan Stradal ([Book](#))

The Last Chinese Chef by Nicole Mones ([Book](#), [Hoopla eBook](#))

The Particular Sadness of Lemon Cake by Aimee Bender ([Book](#), [eBook](#))

The Restaurant Critic's Wife by Elizabeth LaBan ([Book](#))

The School of Essential Ingredients by Erica Bauermeister ([Book](#), [Audiobook](#))

Non-Fiction

A Kabbalah of Food: Stories, teachings, recipes by Hanoch Hecht ([Book](#), [Hoopla eBook](#))

Animal, Vegetable, Junk: A history of food, from sustainable to suicidal by Mark Bittman ([Book](#))

Be My Guest: reflections on food, community, and the meaning of hospitality by Priya Basil ([Book](#))

Did You Just Eat That?: two scientists explore double-dipping, the five-second rule, and other food myths in the lab by Paul L. Dawson ([Book](#), [Hoopla eAudiobook](#))

Dirt : adventures in Lyon as a chef in training, father, and sleuth looking for the secret of French cooking by Bill Buford ([Book](#))

Eat Joy: stories & comfort food from 31 celebrated writers ([Book](#))

Food Fix: how to save our health, our economy, our communities, and our planet—one bite at a time by Mark Hyman ([Book](#))

Food Saved Me: my journey of finding health & hope through the power of food by Danielle Walker ([Book](#), [Hoopla eBook](#), [Hoopla eAudiobook](#))

Hotbox: inside catering, the food world's riskiest business by Matt Lee ([Book](#))

How to be a Conscious Eater: making food choices that are good for you, others, and the planet by Sophie Egan ([Book](#), [Hoopla eBook](#), [Hoopla eAudiobook](#))

Hungry: eating, road-tripping, and risking it all with the greatest chef in the world by Jeff Gordinier ([Book](#))

Notes from a Young Black Chef: a memoir by Kwame Onwuachi ([Book](#))

Save Me the Plums: my gourmet memoir by Ruth Reichl ([Book](#), [eAudiobook](#))

Taste: my life through food by Stanley Tucci ([Book](#), [Audiobook](#), [eBook](#), [eAudiobook](#))

The Book of Eating: adventures in professional gluttony by Adam Platt ([Book](#), [Hoopla eBook](#), [Hoopla eAudiobook](#))

The Seven Culinary Wonders of the World: a history of honey, salt, chile, pork, rice, cacao, and tomato by Jenny Linford ([Book](#))